



SCAN TO JOIN FOR
FREE TODAY

Get support. Take control. Feel better.

A confidential, online mental
health support community,
available 24/7.

Join today for **FREE**

16+



Sign up today with
your postal code

Visit togetherall.com

“

The members on here are amazing. I've realised I'm not alone and actually helping others in my position makes me feel like I have something to give.

”

Togetherall offers:



Community

We offer an anonymous community to share how you're feeling, listen and be heard.



Safety

We have registered mental health practitioners available 24/7 to keep the community safe.



Easy to Access

Free mental health support in minutes, there are no waiting lists to access Togetherall.

16+

Join today for **FREE** at:
togetherall.com

*We may share information we hold about you in circumstances of risk, where we may refer you to emergency services or to any health care professional or your commissioning institution to protect your welfare or the welfare of others

